

**Welcome**

to

**AUGUST**

Celebrating

**Imbolc** (pronounced "IM-bulk")

This month we celebrate the returning of the light, as the first signs of Spring appears. The first lambs and calves show their cute wee faces, tales waving excitedly, snow drops and daphne fill the air and dew drops adorn the vibrant green plants as it glistens in the sparkly sun. Well ok when we get a break from the rain heha.

This month symbolizes Purity, Growth and Re-Newal. Dispensing of the old and making way for the new.

The Goddess Brigid of Ireland represents August and Imbolc.

Call upon her if you are feeling passionless, have no direction, are feeling like you have no purpose, are lacking in inspiration and need to spark up the passions of life.

A great way to spark things up is to bake cup cakes ( any excuse to bake heha ) and eat them of course! but also share with your loved ones so they may reap your love.

As you are baking and stirring, think of all things positive and all things you would like to do differently.

**Ask for inspiration.**

Now on a personal note I will be hibernating from August 20 and throughout September.

I will be sending out my September newsletter which will have dates available for phone consultations and absent healings.

Then I will be back on tour in October – yay!

Until then please check the following dates to secure your August appointment. Thankyou. Keep smiling.

Janet Louise of Happy Spirit

## Phases of the Moon for AUGUST

Full Moon in Aquarius - Thursday 02 August

This full moon is all about spontaneity. Be inventive with new ideas. It is the perfect time to celebrate with friends. It is a time to better friendships / relationships and to solve problems.

Colours to celebrate this day in would be bright blues and pinks.

Dark Moon Friday 17 August

The perfect day for a one day detox – weheee. Decide on what you no longer need and leave it behind tonight!

New Moon in Leo - Saturday 18 August

A new moon in Leo is a time to focus upon a happy heart. Let love heal old wounds. Be creative and expressive. Be bright, bold and colourful. It is a time to improve self esteem, self love and self trust. Celebrate with your self or friends and family.

2<sup>nd</sup> Full Moon in Pisces – Friday 31 August ( Blue moon )  
Lunar Eclipse

Watch your words today – there is an ole saying – if you cannot say anything nice say nothing at all!

Today and tonight is wonderful for fertility and balancing your cycles. Manifest your dreams – be POSITIVE.

Go with the flow.

Tip for the Month of August

Walk your talk.

Strength, determination and drive

Are being tested.

Do not react this month – use your

Wisdom.

Janet Louise of Happy Spirit

## Touring Dates **AUGUST**

Huntly - Wednesday 01st

Gisborne - Tuesday 07<sup>th</sup>  
Wednesday 08<sup>th</sup>  
Thursday 09<sup>th</sup>  
Friday 10<sup>th</sup>  
Saturday 11<sup>th</sup>

Auckland -

Orewa - Monday 13<sup>th</sup>  
Tuesday 14<sup>th</sup>  
Wednesday 15<sup>th</sup>

**NB:** For all Orewa bookings please contact  
Fiona( Fifi ) on - 021 423369

Greenlane Thursday 16<sup>th</sup>  
Friday 17<sup>th</sup>

Hamilton - Saturday 18<sup>th</sup>

Papakura - Sunday 19<sup>th</sup>



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## Leo – July 22 – August 23

Ruling Planet of **Leo**: Sun

Ruling Element of **Leo**: Fire

Crystals for **Leo**: Ruby, Amber, Sardonyx, Carnelian, Golden Topaz, Tiger Eye

Lucky Numbers 1 and 4

Flowers: Sunflower, Marigold, Celandine, Passion Flower

Colours: Gold, Orange, Yellow

Leo this year is all about balancing your lifestyle. Motivation, discipline and effort will have you meet your goals. Keep an eye on your time management as this will help with success on all levels.

Sleep and adequate rest is essential for good health this year.

You will be assessing friendships leaving some behind with new energy coming in. The last six months of the year will be lovely for you through social and community activities.

### August Angel – Archangel Jeremiel

Call upon the Archangel Jeremiel if you need loving support in changes.

*Prayer/Mantra:* Archangel Jeremiel, guide me with your loving energy through this time of change. I accept the process that I have to move through and embrace myself completely and with love. I am ready for my higher spiritual understanding and ready to walk into a more enlightened path. Amen

Janet Louise of Happy Spirit

## Virgo – August 23 – September 23

Ruling Planet of **Virgo**: Mercury

Ruling Element of **Virgo**: Earth

Crystals for **Virgo**: Jade, Sapphire, Moss agate, Peridot, jasper, Emerald, Pearl

Lucky Number 5

Colours: Green, Grey, Indigo

Flowers: Buttercup, Cat's ear / Star Tulip, Forget-Me-Not

For you Virgo's this year is all about taking relationships to the next level. They need to be functioning, balanced and harmonious. You need to find the strength to express your heart. Love is the greatest tool for transformation and progression.

Friends and family are your greatest learning area this year.

Heal old wounds and revitalize all situations and areas of your life.

It's time for a warrant of fitness of your heart, clear the air, get rid of obstacles, refocus and crank it up a gear.

Enjoy the journey!

I have been given a few wonderful sayings and messages of late, this is one I thought I would share with you

*Happiness is a perfume*

*You cannot pour on others*

*Without getting a few*

*Drops on yourself*

Enjoy August, be kind to one another, laugh and find gratitude in all that you do and through all that surrounds you.

Merry ye meet, merry ye part, and merry ye meet again. Be safe

Janet Louise of Happy Spirit